

403(B) THRIFT PLAN FOR PRAIRIESTAR HEALTH CENTER, INC.

QUALIFIED DEFAULT INVESTMENT ALTERNATIVE NOTICE

This is an annual notice and only applies to the Plan Year beginning on July 1, 2018.

Right to direct investment/default investment. You have the right to direct the investment of your accounts under the Plan (your "directed accounts") in any of the investment choices explained in the investment information materials provided to you.

We encourage you to make an investment election to ensure that amounts in the Plan are invested in accordance with your long-term investment and retirement plans. However, **if you do not make an investment election**, then the amounts that you could have elected to invest will be invested in a default investment that the Plan officials have selected.

Description of default investment. The default investment is:

Multiple Default Investments:

Date of Birth	Name of Investment
1947 and earlier	American Funds 2010 Trgt Date Retire R6
1948-1952	American Funds 2015 Trgt Date Retire R6
1953-1957	American Funds 2020 Trgt Date Retire R6
1958-1962	American Funds 2025 Trgt Date Retire R6
1963-1967	American Funds 2030 Trgt Date Retire R6
1968-1972	American Funds 2035 Trgt Date Retire R6
1973-1977	American Funds 2040 Trgt Date Retire R6
1978-1982	American Funds 2045 Trgt Date Retire R6
1983-1987	American Funds 2050 Trgt Date Retire R6
1988-1992	American Funds 2055 Trgt Date Retire R6
1993 and later	American Funds 2060 Trgt Date Retire R6

Investment objectives: Depending on the proximity to its target date, the fund will seek to achieve the following objectives to varying degrees: growth, income and conservation of capital. The fund will increasingly emphasize income and conservation of capital by investing a greater portion of its assets in bond, equity-income and balanced funds as it passes its target date. In this way, the fund seeks to balance total return and stability over time.

Risk and return characteristics (if applicable): The Fund is subject to the risks associated with the stock and bond markets, any of which could cause an investor to lose money.

Fees and expenses: 0.34%-0.49%

Right to alternative investment. If the Plan invests some or all of your directed accounts in the default investment, then you have the continuing right to direct the investment of your directed accounts in one or more of the other investment choices available to you as explained above. Subject to the terms of the investment vehicle, you may change your investments at any time.

No investment fees or expenses will be charged if you elect an alternative investment within 90 days after first being subject to the default investment. However, your account will be adjusted for any investment gains or losses. If, you elect to transfer to an alternative investment after the 90-day period beginning on the date of your first elective deferral, then the following fees and/or restrictions will apply:

N/A

Where to go for further investment information. To learn more about the Plan's investment alternatives and procedures for changing how your accounts are invested you can contact the Plan Advisor at:

Contact: Jeff Schober

Address: 215 Southwind, Ste. 201

Manhattan, KS 66503

Telephone: 785-537-0754