

RESPECT DIVERSITY RECOMMENDED GRADES 6,7,8

In this course, participants will explore their own diversity by identifying personal strengths and appreciating how these strengths unify communities. Through interactive activities and an educational video, students also further understand the effects of stereotyping and the importance of respect and empathy. The educational video will follow the path of stereotypes leading to prejudice, discrimination and finally bias, hate incidents and hate crimes.

TOPICS COVERED

- Benefits of Diversity
- Assumptions & Stereotypes
 - Conscious and Unconscious Stereotypes
 - “Busting” Stereotypes
- Prejudice
- Discrimination
- Empathy
- Bias, Hate Incidents, Hate Crimes

OBJECTIVES

- Students will be able to define diversity and explain the benefits of a diverse community.
- Students will self-evaluate their own pre-judgments and stereotypes.
- Students will learn ways to challenge stereotypes.
- Students will understand how empathy can reduce biases.

NATIONAL HEALTH EDUCATION STANDARDS

National Health Education Standards – Performance Indicators:

- 3.8.2: Access valid health information from home, school, and community
- 6.8.2: Develop a goal to adopt, maintain, or improve a personal health practice
- 8.8.1: State a health-enhancing position on a topic and support it with accurate information

National English/Language Arts Standards Met:

- NL-ENG.K-12.4 COMMUNICATION SKILLS: Students adjust their use of spoken, written, and visual language to communicate effectively with a variety of audiences and for different purposes
- NL-ENG.K-12.7 EVALUATING DATA: Students conduct research on issues and interests by generating ideas and questions, and by posing problems. They gather, evaluate, and synthesize data from a variety of sources
- NL-ENG.K-12.8 DEVELOPING RESEARCH SKILLS: Students use a variety of technological and information resources (e.g., libraries, databases, computer networks, video) to gather and synthesize information and to create and communicate knowledge
- NL-ENG.K-12.12 APPLYING LANGUAGE SKILLS: Students use spoken, written, and visual language to accomplish their own purposes

Common Core English/Language Arts Standards Met:

- W.5.7: Conduct short research projects that use several sources to build knowledge through investigation of different aspects of a topic
- SL.5.4: Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace

ACTIVITIES AND ASSIGNMENTS

Respect Diversity Digital Instruction 35m

SUPPLEMENTAL LESSON PLANS

Advocate for Healthy Relationships	45m
Belonging to Many Groups	60m
Courageous Bystander	45m
It Bugs Me...	60m
Judging Others	30m
Name Calling	30m
Racism Alphabet	90m
Religious Prejudice	135m
Remembering Those Hurt by Hate	45m
Stereotypes and Gender	45m
Mannequin	30m
Who am I? An Intro to Diversity	45m
Video Assessment Worksheet for “Respect Diversity” video	15m

Individual Courses are priced at \$75.

This course can also be purchased as part of the *Middle School Bundle* for \$650

CASEL CORE COMPETENCIES

- Self awareness
- Social awareness
- Responsible decision-making

